

Solutions Café

 **Step:** Four - Look for solutions!

 **Time:** 45 min

 **Space and materials:**

- 3 tables and chairs for all participants;
- Posters;
- Pens or markers.

 **Description of the tool**

This activity can help participants to plan their own actions.

1. Explain to the participants that they are going to participate in a group brainstorming session to collect their ideas. Participants will walk around three tables. They will find a poster with a question to discuss on each of the tables. The group will have ten minutes to stay on each table, discuss the topic and write down the main ideas.
2. Set up the tables with the following questions:
 - *What are the problems in my local community in relation to Moving that I want to tackle?*
 - *What are our strengths and weaknesses as a group? What are the opportunities and threats in our local community?*
 - *What kind of actions can we do to address the problems of our community around Moving?*
3. Ask the participants to divide into three groups and to pick one table. Give them ten minutes to note down their ideas. When the times passes, ask all groups to rotate. At each table, they need to reflect on the topic and share all the ideas they can come up with.
4. After all three rounds, let the groups go back to their initial tables and review what their peers have added. Let the groups know that the next step will be to choose a problem and an action that they are interested in and start planning it.