


Collective Self Mandala

 **Step:** Two - Choose an issue!

 **Time:** 60 min

 **Space and materials:**

- A large sheet of paper (A0 size);
- Pens, pencils, paints, scissors, brushes, glue, transparent adhesive tape;
- Old newspapers and other materials that can be useful for making a collage (optional).

 **Description of the tool**

Participants will create a mandala with visual representations of their positive and negative impacts on the environment and the ways to minimize their negative impact.

1. Prepare the template of mandala according to the below given example:

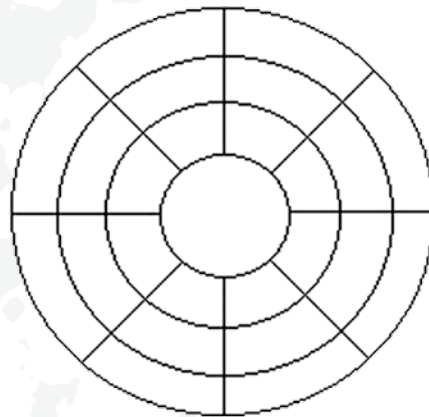


Figure 2. The template of mandala for 8 participants

2. Cut the mandala into pieces in the shape of pizza slices excluding the centre.
3. Give each participant one piece of mandala with three designated spaces. In the smallest space (closest to the middle) participants should individually draw (or create a collage) which will represent their negative impact on the environment, in the middle space – their positive impact on the environment and in the biggest one – ways to reduce their negative impact on the environment.
4. Afterwards, participants will decide together about the content and create the centre of the mandala, as well as glue all the pieces together with transparent tape.
5. Discuss the outcome of the activity with the whole group, compare the input of the different participants. Try also to identify more specific issues in which participants show bigger interest.

 **Additional remarks**

If there are too many participants, you can split them into smaller groups and create several mandalas.