


## Swimming Plan

 **Step:** Four - Look for solutions!

 **Time:** 1 hour

 **Space and materials:**

- Room with the possibility to sit in a circle, move and work in small groups;
- Copies of *Activity Plan Sheet*;
- Markers, pencils/pens;
- Posters.

 **Description of the tool**

The participants have already decided what action to take previously.

1. Ask the participants to visualise this action together on a poster. Let them draw or write how they imagine this action and what will change when they implement it. Ask the participants to provide as many details as possible.
2. Then ask the participants to think and share about plans they have made in the past – either individually or in groups (could be friends, siblings, family). Let them share what their experience was and if their plans worked.
3. Ask the participants to move on one of the sides of the room. Put their visualised action on the other side of the room. Let them know that there is a swamp in-between and they can only cross it with a stable path, which consists of the activities they need to implement as a preparation for their action. Make references to some of the examples they gave from their previous experience in planning.
4. Divide the participants into smaller groups and hand them the copies of the 'Activity Plan Sheet'. Each group should work on their set of steps to reach the final goal. They should leave the part 'Who will do it?' empty.
5. When the groups complete the task, ask them to present their work. While presenting, they need to put the steps on the floor from one to the other side of the room chronologically. In the end, there should be a couple of parallel paths connecting the participants and their goal.
6. Discuss together which steps are a must and if there's anything missing. Remove repetitive steps and add more steps, if needed. Finally, there should be only one path (ideally including steps from different groups). Once all activities are agreed, assign roles and responsibilities together, including people from the whole group. In the end, ask volunteers to copy the steps in a single poster or virtual document.
7. Debrief if needed.

 **Additional remarks**

To strengthen the technological aspect, ask a volunteer to put the action plan in a virtual table, shared with everybody in a cloud service (for example Google Drive) or in a shared Facebook group (in this case, it would be better if the plan is visualised in a picture format, rather than a text document).

 **Annex: Activity plan sheet**

*What needs to be done?*

*By when it should be done?*

*Who will do it?*